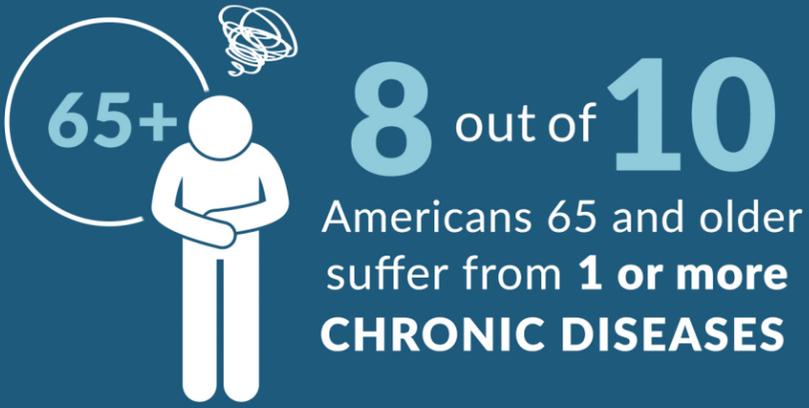


Chronic Health Problems as We Age

NUMBERS YOU SHOULD KNOW:



THE **4** DEADLIEST DISEASES IN THE U.S.



HEART DISEASE



CANCER



STROKE



DIABETES

...can almost always be prevented through healthy choices

10 COMMON CONDITIONS IN OLDER ADULTS

CONDITION	% OF SENIORS	CONDITION	% OF SENIORS
High Blood Pressure	58%	Chronic Kidney Disease	18%
High Cholesterol	47%	Heart Failure	14%
Arthritis	31%	Depression	14%
Heart Disease	29%	Alzheimer's Disease & Dementia	11%
Diabetes	27%	COPD	11%

Source: National Council on Aging



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